

Member Health Information Restriction Request Form

I, _____, hereby request a restriction be placed on the use and disclosure of my protected health information for treatment, payment, insurance or health care operations purposes by Sanford Health Plan.

Please specify the type of restriction(s) you are requesting:

- All communications
- Printed communications (mail)
- Verbal communications (phone)
- Electronic communication email
- Other (please specify) _____

What person(s) or facility(ies) does this restriction apply to?

NOTE: If you maintain a flexible spending account **with auto processing** (or are a dependent on a flexible spending account), auto processing will be **automatically deactivated** to ensure information is not shared with other members on the policy.

I understand that Sanford Health Plan is not required to agree to my restriction request, but is only required to attempt to accommodate reasonable requests when appropriate. I further understand Sanford Health Plan reserves the right to end an agreed-upon restriction if Sanford Health Plan deems appropriate. I also understand I also have the right to end this restriction by completing a Health Information Disclosure Form and returning to Sanford Health Plan.

Print Member name

Name of personal representative (if Member unable to sign) Relationship to Member

Signature of Member (or Member's representative) Date

INTERNAL USE ONLY

Restriction is ____ Approved ____ Denied ____ Needs review by Health Plan Compliance

Flexible spending auto processing confirmation ____

Comments _____

Authorized by _____ Department _____ Date _____

TERMINATION REQUEST

Terminated by ____ Organization _____ Member _____ Effective Date _____

Authorized by _____ Department _____

* Attach updated Health Information Disclosure Form to this document.