Align powered by Sanford Health Plan

ChoiceElite (PPO) H8385-001 ChoicePlus (PPO) H8385-003

SUMMARY OF BENEFITS

January 1, 2024 - December 31, 2024

This booklet gives you a summary of drug and health services covered by Align powered by Sanford Health Plan for ChoiceElite (PPO) and ChoicePlus (PPO). It is an overview of what we cover and what you pay. The benefit information provided does not list every service that we cover or list every limitation or exclusion. To get a complete list of services we cover, please call one of our customer service and request the "Evidence of Coverage" or access it online at www.sanfordhealthplan.com/align.

Align ChoiceElite and Align ChoicePlus are Medicare Advantage PPO plans with a Medicare contract. Enrollment in the plan depends on the contract renewal.

- **Primary Care Physician (PCP)** We encourage you to choose a primary care physician. Your health is better supported when we know who your doctor is.
- **Referrals** Align ChoiceElite and Align ChoicePlus do not require a referral to see a specialist.
- **Prior Authorizations** Align ChoiceElite and Align ChoicePlus offer Direct Access for Sanford providers. This means your Sanford doctor does not have to get approval before you receive services. We depend on their expertise to drive your healthcare options. Restrictions may apply.

To Reach Our Customer Services Representatives:

- For current members, please call (888) 278-6485, TTY (888) 279-1549 for more information. For prospective members, please call (888) 605-9277, TTY 711. For Medicare Part D drug coverage information, call (855) 800-8872, TTY 711.
- Hours of operation: 8 a.m. to 8 p.m., seven days a week (except Thanksgiving and Christmas) from October 1 through March 31, and Monday to Friday (except holidays) from April 1 through September 30.
- If you call after business hours, you may leave a message that includes your name, phone number and the time you called, and a representative will return your call no later than one business day after you leave a message. Customer Service also has free language interpreter services available for non-English speakers.

To join Align ChoiceElite (PPO) or Align ChoicePlus (PPO), you must:

- be entitled to Medicare Part A,
- and be enrolled in Medicare Part B,
- and live in our service area.

Align ChoiceElite (PPO) service area and Align ChoicePlus (PPO) service area includes these counties in —

- Iowa: Lyon, O'Brien, Osceola, and Sioux;
- South Dakota: Brookings, Clark, Clay, Day, Deuel, Douglas, Hanson, Hutchinson, Kingsbury, Lake, Lincoln, Marshall, McCook, Miner, Minnehaha, Moody, Roberts, Sanborn, and Turner.

Align ChoiceElite and Align ChoicePlus have a network of doctors, hospitals, pharmacies, and other providers. If you use the providers in our network, you may pay less for your covered services; but if you want to, you can also use providers that are not in our network. You can choose to see either in-network or out-of-network providers. You will pay less for covered services through an in-network provider. Please note out-of-network/non-contracted providers are under no obligation to treat Align ChoiceElite or Align ChoicePlus members, except in emergency situations.

- You can choose from a variety of pharmacies (i.e. standard or preferred Pharmacies) to fill your prescriptions for covered Part D drugs.
- You can see our plan's provider directory at our website align.sanfordhealthplan.com.
- You can see our plan's pharmacy directory at our website align.sanfordhealthplan.com.
- Or, call us and we will send you a copy of the provider and pharmacy directories. The pharmacy network, and/or provider network may change at any time. You will receive notice when necessary.

For coverage and costs of Original Medicare, look in your current "Medicare & You" handbook. View it online at www.medicare.gov or get a copy by calling 1-800-MEDICARE (1-800-633-4227), 7 days a week, 24 hours a day. TTY users should call 1-877-486-2048.

This document is available in other formats such as Braille and large print. This document may be available in a non-English language. For additional information, call our customer service number.

Premiums and Benefits	Align ChoiceElite	Align ChoicePlus	
Monthly Plan Premium	\$49	\$0	
	Member must continue to pay the Medicare Part B premium		
Deductible			
Medical	\$0	\$0	
Part D Prescription Drugs	\$0 per year for tiers 1 & 2 \$150 per year for tiers 3, 4, 5 & 6	\$0 per year for tiers 1 and 2 \$200 per year for tiers 3, 4, 5 & 6	
Maximum Out-of-Pocket Amount*	\$3,000 yearly limit for combined In-network and Out-of-network services \$4,000 yearly limit for combined In-network and Out-of-network services		
*Does not include costs related to prescription drugs	If you reach the limit on out-of-pocket costs, you keep getting covered hospital and medical services and we will pay the full cost for the rest of the year. Please note that you will still need to pay your Medicare Part B premium, your plan premium and any cost sharing for your Part D prescription drugs.		
Inpatient Hospital	In-network: In-network:		
Coverage*	Days 1-4: \$100 copay per dayDays 5-90: \$0 copay per day	Days 1-4: \$125 copay per dayDays 5-90: \$0 copay per day	
	Out-of-network: You pay the 2024 Original Medicare cost-sharing amounts. These are the 2023 cost-sharing amounts and may change for 2024. • Deductible: \$1,600	Out-of-network: You pay the 2024 Original Medicare cost-sharing amounts. These are the 2023 cost-sharing amounts and may change for 2024. • Deductible: \$1,600	
	• Days 1-60: \$0 copay	• Days 1-60: \$0 copay	
*Prior Authorization required	 Days 61-90: \$400 copay per day Days 91 and beyond: \$800 copay per each "lifetime reserve day" after day 90 for each benefit period (up to 60 days over your lifetime) Each day after lifetime reserve days: All costs 	 Days 61-90: \$400 copay per day Days 91 and beyond: \$800 copay per each "lifetime reserve day" after day 90 for each benefit period (up to 60 days over your lifetime) Each day after lifetime reserve days: All costs 	

In-network: \$150 copay per visit for surgery Out-of-network: 20% coinsurance	In-network: \$200 copay per visit for surgery Out-of-network: 20% coinsurance	
In-network: \$0 copay per visit Out-of-network: \$450 copay per visit	In-network: \$400 copay per visit Out-of-network: \$600 copay per visit	
In-network: \$150 copay per visit Out-of-network: 20% coinsurance	In-network: \$300 copay per visit Out-of-network: 20% coinsurance	
In-network: • \$0 copay • \$0 copay	In-network:\$0 copay\$0 copay	
Out-of-network: • \$10 copay • \$20 copay	Out-of-network: • \$15 copay • \$30 copay	
	\$150 copay per visit for surgery Out-of-network: 20% coinsurance In-network: \$0 copay per visit Out-of-network: \$150 copay per visit Out-of-network: 20% coinsurance In-network: 20% coinsurance In-network: • \$0 copay • \$0 copay • \$10 copay	

Preventive Care	In-network and Out-of-network	In-network and Out-of-network	
	You pay \$0	You pay \$0	

Our plans cover many preventive services, including...

- Abdominal aortic aneurysm screening
- Alcohol misuse counseling
- Annual physical exam
- Annual wellness visit
- Bone mass measurement
- Breast cancer screening (mammogram)
- Cardiovascular disease risk reduction visit
- Cardiovascular disease testing
- Cervical and vaginal cancer screening
- Colorectal cancer screenings (colonoscopy, fecal occult blood test, flexible sigmoidoscopy)
- Depression screening
- Diabetes screenings
- Glaucoma screening

- HIV screening
- Immunizations, including COVID-19 vaccine, flu shots, hepatitis B shots, pneumococcal shots
- Medical nutrition therapy services
- Medicare Diabetes Prevention Program (MDPP)
- Obesity screening and counseling
- Prostate cancer screenings (PSA)
- Screening for lung cancer with low-dose computed tomography (LDCT)
- Screening for sexually transmitted infections (STIs) and counseling to prevent STIs
- Smoking and tobacco use cessation (counseling to stop smoking or tobacco use)
- "Welcome to Medicare" preventive visit (one-time)

Any additional preventive services approved by Medicare during the contract year will be covered

Emergency Care*	In-network and Out-of-network You pay \$75 copay	In-network and Out-of-network You pay \$90 copay
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^{*} Emergency Care copay is waived if you are admitted to a hospital within 3 days.

Urgently Needed Services*	In-network and Out-of-network You pay \$30 copay	In-network and Out-of-network You pay \$30 copay	
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^{*} Urgent Care Services copay is waived if you are admitted to a hospital within 3 days

Diagnostic Services / Labs		
/ Imaging	In-network:	In-network:
Lab Services, Diagnostic Tests and Procedures*	\$0 copay per visit Out-of-network: \$10 copay per visit	\$0 copay per visit Out-of-network: \$10 copay per visit
Diagnostic Radiology Services (e.g. MRI, CAT Scan)*	 In-network: \$0 copay for peripheral vascular disease ultrasounds \$165 copay for other diagnostic services Out-of-network: 20% coinsurance 	 In-network: \$0 copay for peripheral vascular disease ultrasounds \$325 copay for other diagnostic services Out-of-network: 20% coinsurance
Therapeutic Radiology Services*	In-network: \$60 copay per visit Out-of-network: 20% coinsurance	In-network: \$60 copay per visit Out-of-network: 20% coinsurance
Outpatient X-rays*	In-network: \$15 copay per visit Out-of-network: \$30 copay per visit	In-network: \$20 copay per visit Out-of-network: \$40 copay per visit
*Prior Authorization is not required for lab services rendered in any place of service; however, Prior Authorization is required for Genetic Testing and for High-End Imaging.	If receiving multiple services at the same location on the same day, only the maximum copay applies.	If receiving multiple services at the same location on the same day, only the maximum copay applies.
Hearing Services		
Medicare-Covered Hearing Exam	In-network: 20% coinsurance Out-of-network: 20% coinsurance	In-network: 20% coinsurance Out-of-network: 20% coinsurance

Supplemental Benefits		
Routine Hearing Exam	In-network: \$0 copay for one annual hearing exam	In-network: \$0 copay for one annual hearing exam
Hearing Aids	In-network: \$0 copay	In-network: \$0 copay
	Healthy Benefits+ Flex Card will provide you an annual \$2,000 allowance for dental, hearing and vision out-of-pocket costs for additional covered services.	Healthy Benefits+ Flex Card will provide you an annual \$1,750 allowance for dental, hearing and vision out-of-pocket costs for additional covered services.
Dental Services		
Medicare-Covered Dental Services	In-network: 20% coinsurance	In-network: 20% coinsurance
	Out-of-network:	Out-of-network:
	20% coinsurance	20% coinsurance
Supplemental Benefits		
Preventive Dental Services	In & Out of network: \$0 copay	In & Out of network: \$0 copay
	Preventive Dental Services include	Preventive Dental Services include
	2 Oral exams every year 2 Cleanings every year 1 set of bitewing x-rays annually 1 Panoramic x-ray every 5 years.	2 Oral exams every year 2 Cleanings every year 1 set of bitewing x-rays annually 1 Panoramic x-ray every 5 years.

Comprehensive Dental Services*	In-network \$0 copay	In-network \$0 copay
	Comprehensive Dental Services include – Restorative Service: 1 filling every 2 years (24 months)	Comprehensive Dental Services include – Restorative Service: 1 filling every 2 years (24 months)
	Endodontics: 1 root canal therapy per lifetime	Endodontics: 1 root canal therapy per lifetime
	Periodontics: 1 scaling and root planning every 3 years (36 months)	Periodontics: 1 scaling and root planning every 3 years (36 months)
	Extractions are unlimited	Extractions are unlimited
	Prosthodontics, other oral/maxillofacial surgery, and other services:	Prosthodontics, other oral/maxillofacial surgery, and other services:
	Crowns: 1 every 5 years	Crowns: 1 every 5 years
	Oral Surgery: 1 per lifetime (alveoloplasty, osseous, osteoperiosteal, or cartilage graft)	Oral Surgery: 1 per lifetime (alveoloplasty, osseous, osteoperiosteal, or cartilage graft)
	Healthy Benefits+ Flex Card will provide you an annual \$2,000 allowance for dental, hearing and vision out-of-pocket costs for additional covered services.	Healthy Benefits+ Flex Card will provide you an annual \$1,750 allowance for dental, hearing and vision out-of-pocket costs for additional covered services.
Vision Care Medicare-Covered Eye Exams	In-network: 20% coinsurance Out-of-network: 20% coinsurance	In-network: 20% coinsurance Out-of-network: 20% coinsurance

Supplemental Benefits

Routine Eye Exam

In-network:

\$0 copay for one routine eye exam every year

Out-of-network:

50% coinsurance

In-network:

\$0 copay for one routine eye exam every year

Out-of-network:

50% coinsurance

Eyewear: Eyeglasses & Contacts (lenses and frames), Upgrades

In-network:

\$0 copay

Out-of-network:

50% coinsurance

*\$200 maximum plan coverage amount allowed in-network and out-of-network for all non-Medicare-covered eyewear.

Healthy Benefits+ Flex Card will provide you an annual \$1,750 allowance for dental, hearing and vision out-of-pocket costs for additional covered services.

In-network:

\$0 copay

Out-of-network:

50% coinsurance

*\$100 maximum plan coverage amount allowed in-network and out-of-network for all non-Medicare-covered eyewear.

Healthy Benefits+ Flex Card will provide you an annual \$1,750 allowance for dental, hearing and vision out-of-pocket costs for additional covered services.

Mental Health Services

Inpatient Psychiatric*

*Prior Authorization required

In-network:

- Days 1-4: \$100 copay per day
- Days 5-90 \$0 copay per day

Out-of-network:

You pay the 2024 Original Medicare cost-sharing amounts. These are the 2023 cost-sharing amounts and may change for 2024.

- Deductible: \$1.600
- Days 1-60: \$0 copay per day
- Days 61-90 \$400 copay per day
- Days 91 and beyond: \$800 copay per each "lifetime reserve day" after day 90 for each benefit period (up to 60 days over your lifetime)
- Each day after lifetime reserve days: All costs
- 20% of the Medicare-Approved Amount for mental health services you get from doctors and other providers while you're a hospital inpatient.

Outpatient Individual and Outpatient Group Therapy Visits

In-network:

\$10 copay per visit **Out-of-network:**

\$20 copay per visit

In-network:

- Days 1-4: \$125 copay per day
- Days 5-90 \$0 copay per day

Out-of-network:

You pay the 2024 Original Medicare cost-sharing amounts. These are the 2023 cost-sharing amounts and may change for 2024.

- Deductible: \$1.600
- Days 1-60: \$0 copay per day
- Days 61-90 \$400 copay per day
- Days 91 and beyond: \$800 copay per each "lifetime reserve day" after day 90 for each benefit period (up to 60 days over your lifetime)
- Each day after lifetime reserve days: All costs
- 20% of the Medicare-Approved Amount for mental health services you get from doctors and other providers while you're a hospital inpatient.

In-network:

\$20 copay per visit

Out-of-network:

\$40 copay per visit

Skilled Nursing Facility (SNF) Care*

*Prior Authorization required

In & Out of network:

You pay the 2024 Original Medicare cost-sharing amounts. These are the 2023 cost-sharing amounts and may change for 2024.

- Days 1-20: \$0 copay per day
- Days 21-100: \$200 copay per day

In & Out of network:

You pay the 2024 Original Medicare cost-sharing amounts. These are the 2023 cost-sharing amounts and may change for 2024.

- Days 1-20: \$0 copay per day
- Days 21-100: \$200 copay per day

Physical Therapy & Speech Therapy Ambulance Services Ground Ambulance or	In-network: \$30 copay per visit Out-of-network: \$50 copay per visit In-network and Out-of-network	In-network: \$30 copay per visit Out-of-network: \$50 copay per visit In-network and Out-of-network
Air Ambulance	You pay \$240 copay per trip	You pay \$240 copay per trip
Transportation	Not covered	Not covered
Worldwide Emergent/Urgent Coverage	Up to \$250 reimbursement amount for urgent or emergency care outside of the U.S.	Up to \$250 reimbursement amount for urgent or emergency care outside of the U.S.
Medicare Part B Prescription Drugs* Chemotherapy Drugs	 In & Out of network: 0-20% coinsurance for chemotherapy drugs \$100 copay for Prolia 0-20% coinsurance for other Part B Drugs 	 In & Out of network: 0-20% coinsurance for chemotherapy drugs \$100 copay for Prolia 0-20% coinsurance for other Part B Drugs
Other Part B Drugs	*Prior Authorization is required for some medications. Select Part B drugs are subject to step therapy restrictions.	*Prior Authorization is required for some medications. Select Part B drugs are subject to step therapy restrictions.
Occupational Speech Therapy	In-network: \$30 copay per visit Out-of-network: \$45 copay per visit	In-network: \$30 copay per visit Out-of-network: \$50 copay per visit
Fitness Program: Gym Membership (Silver & Fit)	In-network: You pay \$0 or discounted rate	In-network: You pay \$0 or discounted rate

Meal Benefit: In-network and In-network and **Out-of-network Out-of-network** Mom's Meals* You pay \$0 for: You pay \$0 for: 168 meals: 2 meals per day, 7 168 meals: 2 meals per day, 7 days a week for 12 weeks days a week for 12 weeks For a chronic illness, or for a For a chronic illness, or for a medical condition or potential medical condition or potential medical condition that requires the medical condition that requires the enrollee to remain at home for a enrollee to remain at home for a period of time. period of time. You pay \$0 for: You pay nothing for: 56 meals for a 28 day 56 meals for a 28 day maximum maximum Following surgery or post Following surgery or post inpatient hospitalization. inpatient hospitalization. Benefit can be used for up to 4 Benefit can be used for up to 4 times per year. times per year. *Referral is required **Over the Counter (OTC)** In-network and In-network and **Benefit Out-of-network Out-of-network** • Up to \$80 quarterly • Up to \$65 quarterly allowance allowance for eligible for eligible Over-the-Counter Over-the-Counter (OTC) (OTC) products Members must obtain OTC from planproducts Members must obtain OTC authorized vendor. Members may order OTC items from from plan-authorized vendor. Members may vendor via mail, in-store shopping, phone, mobile order OTC items from phone app or website. vendor via mail, in-store Members may access their shopping, phone, mobile phone app or website. OTC benefit through a Members may access their program that delivers to their home. OTC benefit through a program that delivers to their home. Unused OTC Allowance dollars

Unused OTC Allowance dollars

or the next calendar year.

do not roll over to the next quarter

do not roll over to the next quarter

or the next calendar year.

	Outpatient Prescription Drugs		
	Align Choice Elite	Align Choice Plus	
Deductible	\$0 per year for Tiers 1 & 2 \$150 per year for Tiers 3, 4, 5 & 6	\$0 per year for Tiers 1 & 2 \$200 per year for Tiers 3, 4, 5 & 6	
Initial Coverage	 drug costs reach \$5,030. Total yearly dr you and our Part D plan. You may get y mail order pharmacies. Cost sharing may change depending 	ou pay the following until your total yearly ug costs are the total drug costs paid by both our drugs at network retail pharmacies and on the pharmacy you choose and when you profit. For more information on the additional	
	enter another phase of the Part D benefit. For more information on the additional pharmacy-specific cost sharing and the phases of the benefit, please call us or access our Evidence of Coverage online.		
	drugs. Please refer to the formulary t	n and has quantity limit restrictions for certain o determine if your drugs are subject to any mplete and current information about which	
	home infusion, whether the pharmac	int-of-service (retail, Long Term Care (LTC)), y is in our standard network, or whether the 0-day supply) or long-term supply (90-day	
	for network providers and pharmacie	s for covered Part D drugs. You may search	
	Preferred Pharmacies Include: Sanfo White, and Optum Mail Order	rd, Lewis Drug, CVS, Seip, Gateway, Thrifty	

		Align Choice Elite	Align Choice Plus
Standard Pharmacy	Tier 1 (Preferred Generic)	30 day supply: \$2 copay 60 day supply: \$4 copay 90 day supply: \$6 copay	30 day supply: \$3 copay 60 day supply: \$6 copay 90 day supply: \$9 copay
Preferred Pharmacy	Tier 1 (Preferred Generic)	30, 60, or 90 day supply \$0 copay	30, 60, or 90 day supply \$0 copay
Standard Pharmacy	Tier 2 (Generic)	30 day supply: \$10 copay 60 day supply: \$20 copay 90 day supply: \$30 copay	30 day supply: \$8 copay 60 day supply: \$16 copay 90 day supply: \$24 copay
Preferred Pharmacy	Tier 2 (Generic)	30 day supply: \$4 copay 60 day supply: \$8 copay 90 day supply: \$12 copay	30 day supply: \$4 copay 60 day supply: \$8 copay 90 day supply: \$12 copay
Standard Pharmacy	Tier 3 (Preferred Brand)	30 day supply: \$47 copay 60 day supply: \$94 copay 90 day supply: \$141 copay	30 day supply: \$47 copay 60 day supply: \$94 copay 90 day supply: \$141 copay
Preferred Pharmacy	Tier 3 (Preferred Brand)	30 day supply: \$42 copay 60 day supply: \$84 copay 90 day supply: \$126 copay	30 day supply: \$42 copay 60 day supply: \$84 copay 90 day supply: \$126 copay
Standard Pharmacy and Preferred Pharmacy	Tier 4 (Non-Preferred Drug)	30 day supply: \$100 copay 60 day supply: \$200 copay 90 day supply: \$300 copay	30 day supply: \$100 copay 60 day supply: \$200 copay 90 day supply: \$300 copay
Standard Pharmacy and Preferred Pharmacy	Tier 5 (Specialty Tier)	30, 60 or 90 day supply 30% coinsurance	30, 60 or 90 day supply 30% coinsurance
Standard Pharmacy and Preferred Pharmacy	Tier 6 (Select Care Drugs)	30, 60, or 90 day supply \$0 copay	30, 60, or 90 day supply \$0 copay
Coverage Gap	After your total drug costs (including what our plan has paid and what you have paid) reach \$5,030, you will pay no more than 25% coinsurance for generic drugs or 25% coinsurance for brand name drugs, for any drug tier during the coverage gap.		

Catastrophic Coverage	After your yearly out-of-pocket drug costs (including drugs purchased through retail pharmacy or mail order) reach \$8,000, you nothing for covered Part D drugs.
	Our plan covers most Part D vaccines at no cost to you, even if you haven't paid your deductible.
	You won't pay more than \$35 for a one-month supply of each insulin product covered by our plan, no matter what cost-sharing tier it's on, even if you haven't paid your deductible.